

EASY MELT AND POUR SOAP

*Yields 7-8 bars of soap in the molds I used.

recipe p. 1



INGREDIENTS:

- One pound {1 lb.} goat soap base - I purchased mine through Bulk Apothecary.
- soap molds
- thermometer - an infrared thermometer or candy thermometer will work
- small glass jar - Don't use a big one, as it can make it difficult to stir, empty, and clean
- cutting board and knife dedicated to soap making
- plastic spatula - to stir the base
- microwave - Use at 40-50% power so you don't scald the base.
- turmeric for color
- raw, local honey
- finely chopped oatmeal
- rubbing alcohol - in a spray bottle (optional)

STEP-BY-STEP INSTRUCTIONS:

Step 1: With your knife, cut up the soap base into smaller cubes. Try to make the cubes as uniform as possible.

Step 2: Put the cubes in a glass jar. I only do about 8-9 at a time because it begins cooling faster than I can keep up if I put in more.

Step 3: Put the glass jar in the microwave for one minute on power level 40-50%. Please note that everyone's microwave is different, so you may want to do 30-second intervals at first to see how your microwave does.

Step 4: Take the jar out using a potholder and make sure all the cubes have melted. Stir with spatula. It should be liquid-y like milk. If not all the pieces have melted, put it back in for 10-second intervals on half power. Just be sure it doesn't scald.

Step 5: Stir well and wait until the temperature of the soap base is below 135. If it's higher, give it just a minute to cool down.

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recipe p. 2

Step 6: Once your soap base is below 135 degrees, add your ingredients. I add about 1 tsp of oatmeal, 1/4 tsp of turmeric*, and 1/4 to 1/2 tsp of honey** and stir it in with the spatula. *Note: None of these are exact measurements.*

**The more turmeric you add, the darker orange your soap will be. I would caution on using too much turmeric though, as your soap may stain anything it sits on.*

***I don't recommend putting more honey in than this, as it will make your soap a little stickier than you might like.*

Step 7: Pour your liquid soap into your soap molds.

If you want to get rid of any bubbles that may form, just spray a little rubbing alcohol. Honestly, I don't really care about the bubbles myself. But if you wanted to give them as gifts, you can use it to make the tiny bubbles disappear. {See the image below for a before and after.}

Step 8: Repeat Steps 1-7 with more cubed soap base.

Step 9: Let your soap set for about an hour. If your soap molds are bigger than the ones I used, it may take longer than an hour for the soap to harden all the way. You may need three or more hours.

Step 10: After your soap has set, pop it out and *store in an airtight bag*, like a sandwich zip bag, until you're ready to use it.

FIND THE BLOG POST HERE:

<https://aliveandgrowingathome.com/easy-melt-and-pour-soap-recipe/>



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